

**Questionnaires,
Class Meetings &
Parent Involvement**

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Program Developer Dan Olweus



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BULLYING = PEER ABUSE



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- * Bullying
- * Spouse abuse
- * Child abuse

1. All involve imbalance of power;
2. The perpetrator blames the victim for their bad behavior;
3. The victim may blame him or herself for the abuse, if it is not stopped.

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How has society reacted to abuse?

1. Through denial "It's not important;" "He didn't mean it."
2. By blaming the victim or asking the victim to solve the problem: "You should wear different clothes;" "He just does it because he loves you;" "Just laugh it off;" "Don't go around them."
3. And through comprehensive intervention including training, consequences, helping abusers change, positive peer pressure, and support for targets.

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Why Focus on Problems Caused by Bullying Behaviors

- Because of:
 - Short and long-term effects on victims
 - Concern about students who bully
 - Impact on bystanders
 - School social climate/safety
 - Legal concerns/risk management

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Recognition of the Olweus Bullying Prevention Program



- Blueprint Model Program (Center for the Study & Prevention of Violence)
- Model Program (SAMHSA)
- Effective Program (OJJDP)
- Level 2 Program (US Dept. of Education)

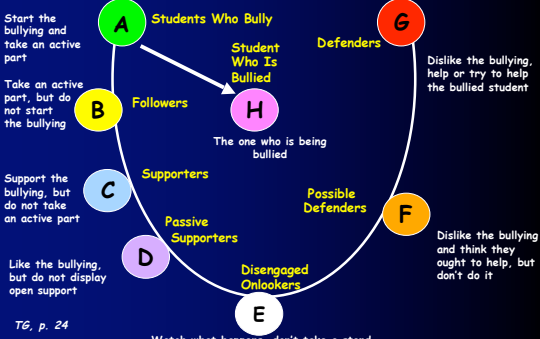
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Olweus Information

- <http://www.clemson.edu/olweus>
- <http://www.hazelden.org/olweus>
- <http://www.colorado.edu/cspv/blueprints/model/programs/BPP.html>

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What Roles Do Students Play In Bullying Situations?



A Students Who Bully: Start the bullying and take an active part.

B Followers: Take an active part, but do not start the bullying.

C Supporters: Support the bullying, but do not take an active part.

D Passive Supporters: Like the bullying, but do not display open support.

E Disengaged Onlookers: Watch what happens, don't take a stand.

F Possible Defenders: Dislike the bullying and think they ought to help, but don't do it.


G Defenders: Dislike the bullying, help or try to help the bullied student.

H Student Who Is Bullied: The one who is being bullied.

TG, p. 24
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Required OBPP Materials


- **OBPP Schoolwide Guide**
 - CD of written materials
 - DVD: Overview of OBPP
- **OBPP Teacher Guide**
 - CD of written materials
 - DVD: Six scenarios for class discussion
- **Olweus Bullying Questionnaire**



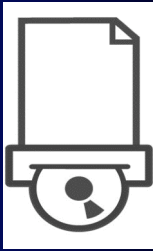
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Schoolwide Guide and Teacher Guide Icons



DVD Symbol



CD-ROM Symbol

SP
Available
In Spanish

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Training is Important - Implement with Fidelity!

www.clemson.edu/olweus/training

Committee Training - 2 Days
Teacher & Staff Training
1 Day

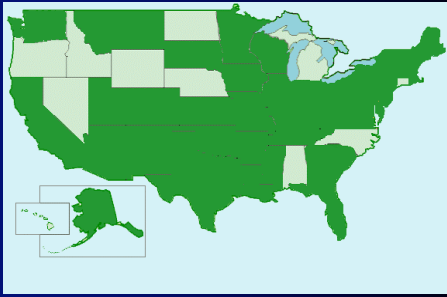
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Certified Trainers

- Initial three days of training - provisionally certified
- Consultation - 1 hour a month over 24 months
- Train two school committees and consult with them for one year
- Evaluations & Records = Certified Trainer!

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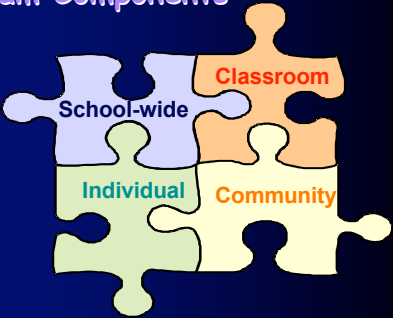
Olweus Trainers in the US



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Program Components



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Overview of School-Wide Elements

1. Form Bullying Prevention Coordinating Committee
2. Train committee and all school personnel
3. Administer bully/victim questionnaire
4. Develop school policies & rules against bullying
5. Increase supervision
6. Use consistent positive and negative consequences
7. Hold staff discussion groups
8. Involve parents
9. Hold school-wide "Kick-Off" Events

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3. Administer Olweus Bully/Victim Questionnaire

- What it is:
 - A 39-or 44 item, (hand entered or scannable) anonymous questionnaire for grades 5 - 12
 - Assesses students perceptions of and experiences with bullying
- Why survey students about bullying?
 - Provides a common definition of bullying and its components
 - Provides a baseline about bullying problems in the school and comparison for change
 - Survey and results raise awareness
 - Statistical results help schools tailor their planning efforts

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Sample Report for Scannable Olweus Questionnaire

<http://www.pdastats.com/olweusbullyingreports/login.asp>

User Name: olweussample
Password: olweustest

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Linn-Mar Community School District

Olweus Bullying Prevention Program
Excelsior / Oak Ridge Middle School Statistics

School years
(Pre) 2004-2005, (Yr. 1) 2005-2006, (Yr. 2) 2006-2007

Mike Shipley
At-Risk Intervention Specialist
Certified Olweus Trainer

Number of Students Taking the Olweus Survey

Excelsior Middle School
2005: 770
2006: 788
2007: 766

Oak Ridge Middle School
2005: 342
2006: 360
2007: 400

#4: How often have you been bullied?
Number that answered "2-3 times or more" in past two months

Year	Excelsior	Oak Ridge
2005	132	72
2007	79	46

CHRONICALLY BULLIED: U.S. schools average about 15-17% (of student body) for students bullied 2-3 times or more. Olweus program promotes schools should see 30-50% reduction in 3-7 years.

Excelsior (2005): 132 (17.1%) of students
Excelsior (2007): 79 (10.3%) of students = **40.1% reduction**

Oak Ridge (2005): 72 (21.0%) of students
Oak Ridge (2007): 46 (11.5%) of students = **36.1% reduction**

#18: Where have you been bullied?
 Computational basis: Those bullied "once or twice" or more according to question 4

Excelsior Middle School	2005	2006	2007
Hallways / Stairwells	67.5% (1)	62.1% (1)	54.1% (1)
Classroom (teacher absent)	54.3% (2)	42.5% (2)	43.4% (2)
Lunch room	47.7% (3)	38.5% (5)	34.8% (5)
Classroom (teacher present)	44.4% (4)	39.6% (3)	37.1% (4)
School bus	36.2% (5)	38.8% (4)	39.8% (3)
Playground / Athletic field	34.0% (6)	19.5% (8)	19.3% (8)
Gym class / locker room	31.9% (7)	24.3% (7)	21.2% (7)
On the way to and from school	24.8% (8)	27.4% (6)	25.2% (6)
Somewhere else in school	23.2% (9)	13.7% (9)	17.5% (9)
School bus stop	11.4% (10)	12.8% (10)	7.6% (10)
In the bathroom	7.3% (11)	6.3% (11)	5.3% (11)

#18: Where have you been bullied?
 Computational basis: those bullied "once or twice" or more according to question 4

Oak Ridge Middle School	2005	2006	2007
Hallways / Stairwells	70.7% (1)	63.4% (1)	58.0% (1)
Lunch room	54.9% (2)	50.8% (2)	56.3% (2)
School bus	51.3% (3)	44.1% (3)	48.0% (3)
Classroom (teacher absent)	48.8% (4)	38.3% (5)	42.4% (4)
Classroom (teacher present)	44.4% (5)	35.8% (6)	37.8% (5)
Gym class / locker room	35.6% (6)	33.3% (8)	32.0% (7)
On the way to and from school	33.1% (7)	33.9% (7)	34.9% (6)
Playground / athletic field	27.1% (8)	39.8% (4)	21.1% (8)
Somewhere else in school	21.3% (9)	21.9% (9)	11.3% (9)
In the bathroom	14.6% (10)	11.3% (10)	6.5% (10)
School bus stop	10.9% (11)	10.3% (11)	5.6% (11)



4. school rules
Against Bullying

- We will not bully others.
- We will try to help students who are bullied.
- We will include students who are easily left out.
- When we know somebody is being bullied, we will tell an adult at school and an adult at home.

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Class Meeting Topics
Teacher Guide DVD

- Class meeting videos
- Discussion Questions from Teacher Guide
- General Discussion Questions
- Sentence Starters


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Cyber Bullying Lessons
for Class Meetings
Fall of 2008
Hazelden Publishing
www.hazelden.org/olweus

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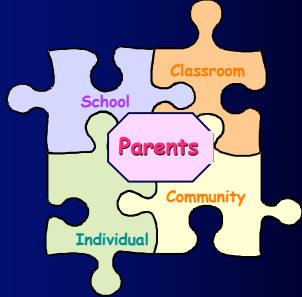
Elements at the Individual Level

1. On-the-spot interventions
2. Follow-up discussions with children who are bullied
3. Follow-up discussions with children who bully
4. Staff information-sharing
5. Parental involvement



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Program Components



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Parent Involvement

- Members of the Coordinating Committee
- Informational and training meetings with parents BEFORE the program begins
 - What bullying is and what it is not
 - School Rules
 - What to do if your child is involved?
- Kick Off Event

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Parent Involvement

- Parent Perspective Activity
- Working with Parents - Staff Discussion Meetings
- Written materials for Parents in Teacher DVD in both English and Spanish

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