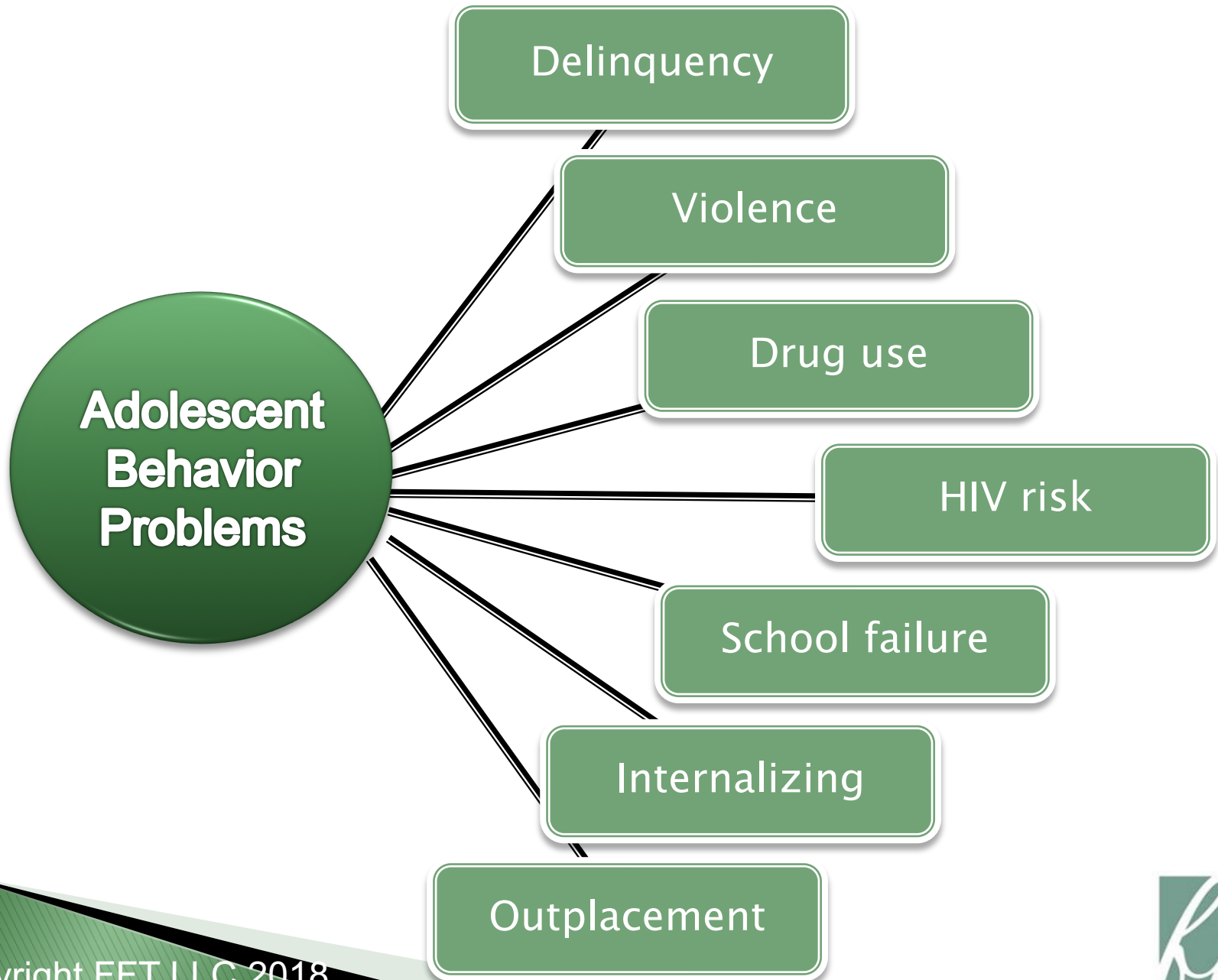


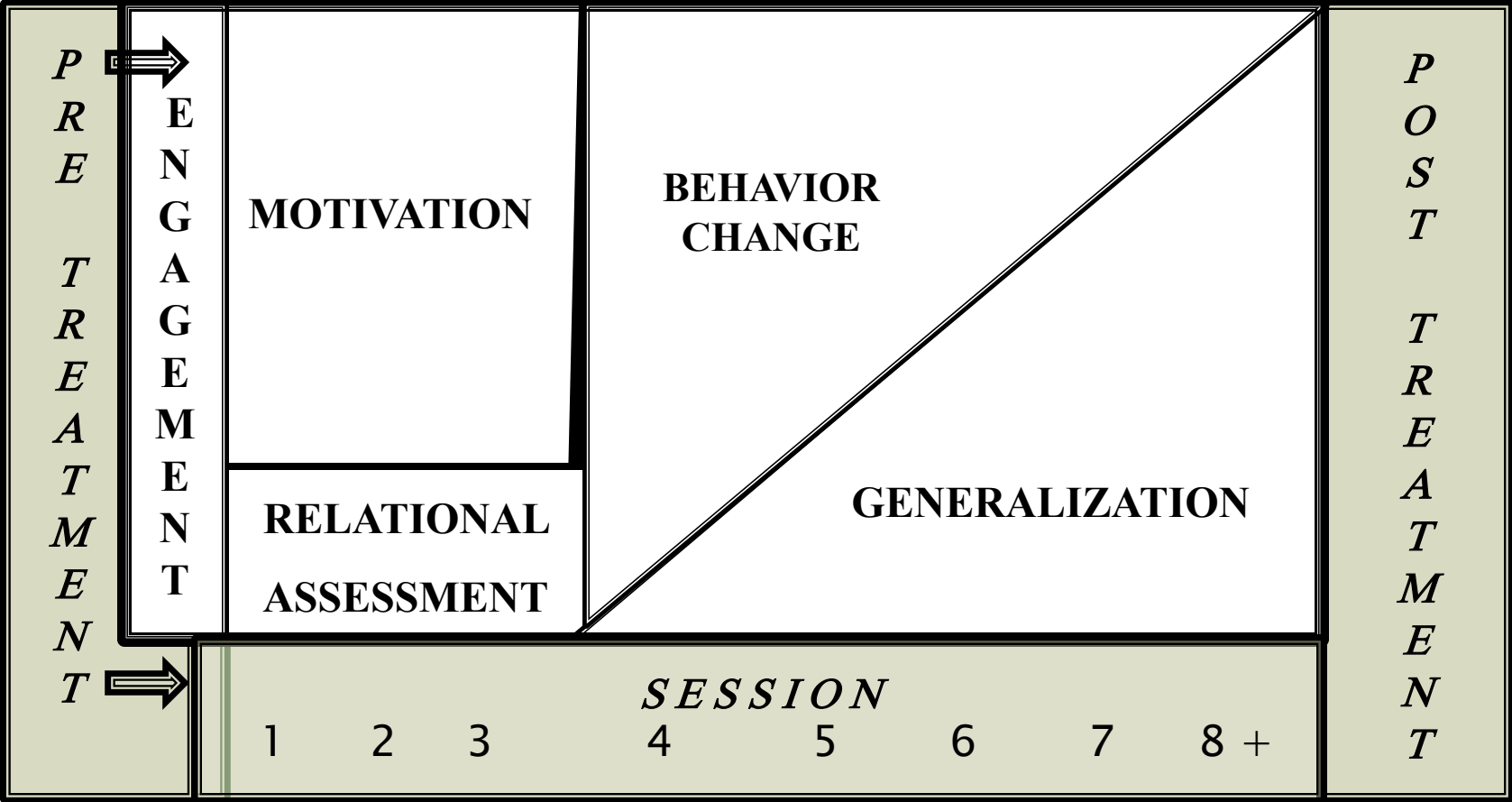


Functional Family Therapy

Core principles and training protocol



Phases in FFT



FFT Principles

Core Values

- Respectfulness
- Non-judgmental
- Strength-based

Family-Based

- Relational vs. Individual
- Balanced alliances
- Matching to individuals, relationships, family, and environment

Accountable to families

- Specific and individualized change
- Fidelity to model

FFT Training Phases

Phase 1

Skill Acquisition

- Didactic presentations
- Weekly consultation
- Fidelity to model
- Tracking data
- Externship

Phase 2

Localization

- Supervisor training
- Bi-monthly consultation
- Tracking data

Phase 3

Maintenance

- Site supervisor
- Monthly consultation
- Tracking data